









Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Elkhorn Logan Valley			State of NE		Sig <sup>d</sup>	Elkhorn Logan Valley			State of NE		Sig <sup>d</sup>	Elkhorn Logan Valley				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>																						
2011	954	28.7%	(25.6 - 32.1)	25,356	28.5%	(27.8 - 29.3)	NS	377	26.4%	(21.8 - 31.6)	10,212	30.3%	(29.1 - 31.5)	NS	577	31.0%	(27.0 - 35.4)	15,144	26.9%	(25.9 - 27.9)	NS	No
2012																						
2013	817	34.5%	(30.8 - 38.3)	17,085	30.3%	(29.2 - 31.4)	NS	335	34.4%	(29.0 - 40.2)	6,956	32.5%	(30.8 - 34.1)	NS	482	34.5%	(29.7 - 39.8)	10,129	28.2%	(26.9 - 29.6)	+	No
2014																						
2015	922	31.5%	(28.1 - 35.1)	17,515	29.9%	(28.9 - 30.9)	NS	399	33.7%	(28.4 - 39.4)	7,546	32.6%	(31.1 - 34.2)	NS	523	29.4%	(25.2 - 33.9)	9,969	27.2%	(26.0 - 28.5)	NS	No
2016																						
2017	658	33.5%	(29.3 - 38.1)	15,320	30.6%	(29.6 - 31.7)	NS	292	35.5%	(29.1 - 42.5)	6,956	33.5%	(31.9 - 35.2)	NS	366	31.7%	(26.3 - 37.5)	8,357	27.8%	(26.4 - 29.2)	NS	No
2018																						
2019	627	34.6%	(30.4 - 39.0)	15,818	31.0%	(30.0 - 31.9)	NS	269	34.1%	(28.0 - 40.8)	7,125	32.8%	(31.4 - 34.3)	NS	358	35.0%	(29.5 - 41.0)	8,693	29.2%	(27.9 - 30.5)	NS	No
2020																						
Currently taking blood pressure medication, among those ever told they have high BP																						
2011	364	80.7%	(74.1 - 85.9)	9,505	77.9%	(76.5 - 79.2)	NS	135	77.3%*	(65.6 - 85.9)	3,877	72.0%	(69.8 - 74.1)	NS	229	83.5%	(76.0 - 89.0)	5,628	84.2%	(82.5 - 85.7)	NS	No
2012																						
2013	320	85.0%	(78.5 - 89.8)	6,747	78.5%	(76.6 - 80.3)	NS	132	83.4%	(73.8 - 90.0)	2,828	73.1%	(70.2 - 75.9)	NS	188	86.5%	(76.5 - 92.6)	3,919	84.5%	(82.3 - 86.4)	NS	No
2014																						
2015	347	78.1%	(71.2 - 83.8)	6,685	77.8%	(75.9 - 79.6)	NS	158	69.1%*	(58.2 - 78.1)	3,016	73.0%	(70.1 - 75.7)	NS	189	88.1%	(80.6 - 93.0)	3,669	83.4%	(80.9 - 85.6)	NS	Yes
2016																						
2017	268	78.9%	(71.0 - 85.1)	5,886	78.6%	(76.8 - 80.4)	NS	119	73.0%*	(60.8 - 82.5)	2,801	74.0%	(71.3 - 76.6)	NS	149	85.2%*	(74.8 - 91.8)	3,082	84.1%	(81.7 - 86.3)	NS	No
2018																						
2019	287	84.0%	(76.6 - 89.4)	6,292	76.6%	(74.9 - 78.2)	NS	121	81.0%*	(68.5 - 89.4)	2,900	70.7%	(68.1 - 73.2)	NS	166	86.8%	(77.5 - 92.7)	3,392	83.1%	(81.0 - 85.1)	NS	No
2020																						
Had cholesterol checked in past 5 years <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	625	82.5%	(78.0 - 86.3)	14,658	84.4%	(83.4 - 85.3)	NS	277	76.0%	(68.8 - 81.9)	6,659	82.5%	(80.9 - 83.9)	NS	348	89.2%	(82.8 - 93.3)	7,992	86.2%	(84.9 - 87.5)	NS	Yes
2018																						
2019	603	87.0%	(82.9 - 90.2)	14,989	83.9%	(82.9 - 84.8)	NS	259	84.9%	(78.3 - 89.7)	6,735	81.7%	(80.2 - 83.0)	NS	344	89.0%	(83.7 - 92.7)	8,254	86.1%	(84.8 - 87.3)	NS	No
2020																						
Ever told they have high cholesterol, among those who have ever had it checked <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	577	34.3%	(29.8 - 39.2)	13,427	31.9%	(30.7 - 33.1)	NS	246	32.8%	(26.1 - 40.4)	6,011	33.0%	(31.3 - 34.8)	NS	331	35.7%	(29.7 - 42.2)	7,409	30.9%	(29.3 - 32.5)	NS	No
2018																						
2019	565	33.6%	(29.2 - 38.4)	13,735	31.1%	(30.0 - 32.1)	NS	238	32.6%	(26.2 - 39.8)	6,083	31.7%	(30.1 - 33.2)	NS	327	34.5%	(28.6 - 41.0)	7,652	30.5%	(29.1 - 31.9)	NS	No
2020																						
Currently taking cholesterol medication, among those ever told they have high cholesterol																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	235	66.6%	(58.4 - 73.9)	5,083	60.7%	(58.5 - 62.8)	NS	95	75.6%*	(63.1 - 84.9)	2,274	62.6%	(59.4 - 65.8)	NS	140	58.9%*	(48.2 - 68.8)	2,806	58.7%	(55.7 - 61.6)	NS	No
2018																						
2019	231	62.0%	(53.6 - 69.8)	5,194	63.4%	(61.5 - 65.4)	NS	98	67.5%*	(54.7 - 78.0)	2,313	66.0%	(63.1 - 68.7)	NS	133	57.0%*	(45.8 - 67.6)	2,881	60.9%	(58.2 - 63.6)	NS	No
2020																						



Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>							
	Elkhorn Logan Valley			State of NE		Elkhorn Logan Valley			State of NE		Elkhorn Logan Valley			State of NE									
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>								
Up-to-date on colon cancer screening, 50-75 year olds <sup>a</sup>																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017																							
2018																							
2019																							
2020	255	69.5%	(62.6 - 75.7)	6,520	72.5%	(70.9 - 74.1)	NS	122	67.4%	(57.4 - 75.9)		2,901	70.6%	(68.2 - 73.0)	NS	133	72.1%*	(62.0 - 80.4)	3,619	74.3%	(72.2 - 76.3)	NS	No
Up-to-date on breast cancer screening, female 50-74 year olds <sup>a</sup>																							
2011																							
2012	224	75.5%	(68.2 - 81.6)	5,200	74.9%	(73.2 - 76.5)	NS					224	75.5%	(68.2 - 81.6)		5,200	74.9%	(73.2 - 76.5)					
2013																							
2014	328	77.2%	(71.7 - 81.9)	5,904	76.1%	(74.5 - 77.7)	NS					328	77.2%	(71.7 - 81.9)		5,904	76.1%	(74.5 - 77.7)					
2015																							
2016	199	73.7%	(66.2 - 80.0)	3,914	73.4%	(71.3 - 75.4)	NS					199	73.7%	(66.2 - 80.0)		3,914	73.4%	(71.3 - 75.4)					
2017																							
2018	143	69.8%*	(59.7 - 78.4)	3,637	75.4%	(73.3 - 77.3)	NS					143	69.8%*	(59.7 - 78.4)		3,637	75.4%	(73.3 - 77.3)					
2019																							
2020	126	76.6%	(67.2 - 84.0)	3,529	76.4%	(74.4 - 78.4)	NS					126	76.6%	(67.2 - 84.0)		3,529	76.4%	(74.4 - 78.4)					
Up-to-date on cervical cancer screening, female 21-65 year olds <sup>a</sup>																							
2011																							
2012	184	84.2%	(76.1 - 89.9)	5,055	83.9%	(82.5 - 85.2)	NS					184	84.2%	(76.1 - 89.9)		5,055	83.9%	(82.5 - 85.2)					
2013																							
2014	292	80.3%	(73.0 - 86.1)	5,779	81.7%	(80.0 - 83.3)	NS					292	80.3%	(73.0 - 86.1)		5,779	81.7%	(80.0 - 83.3)					
2015																							
2016	212	78.3%	(70.4 - 84.6)	3,814	77.7%	(75.5 - 79.8)	NS					212	78.3%	(70.4 - 84.6)		3,814	77.7%	(75.5 - 79.8)					
2017																							
2018	105	80.7%*	(70.0 - 88.2)	3,466	80.9%	(79.0 - 82.7)	NS					105	80.7%*	(70.0 - 88.2)		3,466	80.9%	(79.0 - 82.7)					
2019																							
2020	115	74.9%*	(63.3 - 83.8)	3,323	77.7%	(75.6 - 79.7)	NS					115	74.9%*	(63.3 - 83.8)		3,323	77.7%	(75.6 - 79.7)					
<b>Arthritis</b>																							
Ever told they have arthritis																							
2011	949	25.7%	(22.7 - 28.9)	25,285	23.4%	(22.8 - 24.1)	NS	376	21.9%	(17.8 - 26.7)		10,184	20.1%	(19.2 - 21.1)	NS	573	29.4%	(25.3 - 33.9)	15,101	26.6%	(25.7 - 27.6)	NS	No
2012	747	25.0%	(21.6 - 28.8)	19,089	24.6%	(23.8 - 25.4)	NS	297	19.3%	(14.9 - 24.5)		7,839	21.5%	(20.3 - 22.6)	NS	450	30.6%	(25.5 - 36.1)	11,250	27.7%	(26.6 - 28.8)	NS	Yes
2013	818	27.0%	(23.7 - 30.5)	17,017	24.7%	(23.8 - 25.7)	NS	335	21.7%	(17.4 - 26.9)		6,925	21.6%	(20.2 - 23.0)	NS	483	32.1%	(27.5 - 37.0)	10,092	27.8%	(26.5 - 29.2)	NS	Yes
2014	1,184	26.8%	(24.1 - 29.7)	22,307	24.6%	(23.8 - 25.4)	NS	504	24.3%	(20.5 - 28.7)		9,560	21.6%	(20.5 - 22.8)	NS	680	29.3%	(25.5 - 33.3)	12,747	27.4%	(26.3 - 28.6)	NS	No
2015	925	23.3%	(20.4 - 26.5)	17,472	23.4%	(22.6 - 24.3)	NS	401	19.7%	(15.7 - 24.4)		7,540	19.7%	(18.5 - 20.9)	NS	524	26.8%	(22.7 - 31.3)	9,932	27.1%	(25.9 - 28.4)	NS	No
2016	806	26.6%	(23.3 - 30.1)	15,137	24.6%	(23.6 - 25.6)	NS	362	20.5%	(16.5 - 25.2)		6,622	21.7%	(20.3 - 23.2)	NS	444	32.5%	(27.6 - 37.9)	8,515	27.4%	(26.0 - 28.8)	NS	Yes
2017	655	25.3%	(21.7 - 29.3)	15,285	24.0%	(23.0 - 25.0)	NS	292	20.8%	(16.3 - 26.1)		6,939	20.6%	(19.3 - 22.0)	NS	363	29.7%	(24.4 - 35.7)	8,339	27.3%	(25.9 - 28.7)	NS	No
2018	590	26.8%	(22.8 - 31.1)	14,575	25.2%	(24.2 - 26.2)	NS	275	19.8%	(14.9 - 25.7)		6,537	21.3%	(19.9 - 22.6)	NS	315	33.6%	(27.6 - 40.3)	8,024	29.1%	(27.7 - 30.5)	NS	Yes
2019	630	25.9%	(22.4 - 29.8)	15,799	23.1%	(22.3 - 24.0)	NS	272	19.8%	(15.3 - 25.3)		7,118	19.3%	(18.2 - 20.5)	NS	358	31.9%	(26.7 - 37.7)	8,681	26.8%	(25.6 - 28.1)	NS	Yes
2020	577	26.0%	(22.0 - 30.5)	14,734	22.8%	(21.9 - 23.7)	NS	269	21.6%	(16.9 - 27.1)		6,770	19.5%	(18.3 - 20.8)	NS	308	30.4%	(24.1 - 37.5)	7,964	26.1%	(24.8 - 27.4)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis <sup>a</sup>																							
2011	300	40.6%	(34.2 - 47.3)	7,973	45.2%	(43.6 - 46.8)	NS	102	34.5%*	(24.9 - 45.5)		2,711	42.6%	(40.0 - 45.2)	NS	198	44.8%	(36.7 - 53.2)	5,262	47.1%	(45.1 - 49.2)	NS	No
2012																							
2013	256	40.5%	(33.5 - 47.9)	5,460	42.4%	(40.3 - 44.6)	NS	81	38.9%*	(27.7 - 51.4)		1,861	41.0%	(37.4 - 44.6)	NS	175	41.5%	(32.9 - 50.7)	3,599	43.5%	(40.8 - 46.2)	NS	No
2014																							
2015	243	40.7%	(33.6 - 48.3)	5,146	44.0%	(41.9 - 46.1)	NS	87	33.7%*	(23.0 - 46.3)		1,852	41.9%	(38.6 - 45.3)	NS	156	45.6%	(36.5 - 55.0)	3,294	45.5%	(42.9 - 48.1)	NS	No
2016																							
2017	218	55.3%	(47.2 - 63.1)	4,782	46.2%	(44.0 - 48.4)	NS	84	42.9%*	(31.4 - 55.3)		1,885	41.1%	(37.8 - 44.5)	NS	134	63.7%*	(53.3 - 73.0)	2,895	50.0%	(47.1 - 52.9)	+	No
2018																							
2019	218	36.6%	(29.3 - 44.6)	4,922	37.4%	(35.5 - 39.4)	NS	72	25.1%*	(15.1 - 38.7)		1,862	32.8%	(29.9 - 35.9)	NS	146	43.4%	(34.1 - 53.2)	3,060	40.7%	(38.2 - 43.3)	NS	No
2020																							







Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Elkhorn Logan Valley		State of NE			Elkhorn Logan Valley		State of NE			Elkhorn Logan Valley		State of NE									
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>							
<b>Current e-cigarette use</b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	784	3.6%	(2.2 - 5.9)	14,819	4.9%	(4.3 - 5.6)	NS	352	5.8%	(3.2 - 10.2)	6,474	5.3%	(4.5 - 6.4)	NS	432	1.5%* (0.6 - 3.7)	8,345	4.5%	(3.7 - 5.6)	-	No	
2017	637	7.1%	(4.3 - 11.6)	14,763	3.8%	(3.3 - 4.4)	NS	282	10.8%* (5.8 - 19.2)	6,690	4.7%	(3.9 - 5.7)	+	355	3.6%* (1.7 - 7.5)	8,067	3.0%	(2.4 - 3.8)	NS	No		
2018	570	5.9%	(3.6 - 9.4)	13,966	5.6%	(5.0 - 6.3)	NS	264	5.3%* (2.5 - 10.9)	6,242	6.7%	(5.7 - 7.9)	NS	306	6.4%* (3.4 - 11.7)	7,714	4.6%	(3.8 - 5.5)	NS	No		
2019	604	6.2%	(3.8 - 10.1)	15,127	5.9%	(5.3 - 6.6)	NS	264	7.1%* (3.7 - 13.2)	6,839	6.7%	(5.8 - 7.8)	NS	340	5.3%* (2.5 - 11.2)	8,288	5.2%	(4.4 - 6.2)	NS	No		
2020	560	5.0%	(2.9 - 8.6)	14,016	5.9%	(5.2 - 6.6)	NS	261	8.5%* (4.6 - 15.1)	6,413	7.4%	(6.4 - 8.5)	NS	299	1.6%* (0.5 - 5.2)	7,603	4.4%	(3.6 - 5.3)	NS	No		
<b>Overweight and Obesity</b>																						
<b>Obese (BMI=30+)<sup>h</sup></b>																						
2011	922	29.5%	(26.0 - 33.3)	24,366	28.4%	(27.6 - 29.2)	NS	373	31.9%	(26.4 - 37.9)	10,102	29.2%	(28.0 - 30.4)	NS	549	27.0%	(22.7 - 31.8)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	715	27.1%	(23.1 - 31.5)	18,385	28.6%	(27.7 - 29.6)	NS	292	23.7%	(18.2 - 30.2)	7,781	29.2%	(27.9 - 30.6)	NS	423	30.6%	(25.1 - 36.8)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	766	34.2%	(30.3 - 38.3)	16,250	29.6%	(28.4 - 30.7)	NS	330	35.6%	(30.0 - 41.7)	6,860	30.8%	(29.1 - 32.5)	NS	436	32.7%	(27.5 - 38.3)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	1,101	31.0%	(27.8 - 34.5)	21,130	30.2%	(29.2 - 31.3)	NS	488	34.3%	(29.4 - 39.5)	9,399	31.7%	(30.2 - 33.2)	NS	613	27.5%	(23.5 - 31.9)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	859	35.4%	(31.6 - 39.4)	16,265	31.4%	(30.3 - 32.5)	NS	385	37.5%	(31.8 - 43.6)	7,323	32.9%	(31.3 - 34.6)	NS	474	33.3%	(28.4 - 38.5)	8,942	29.8%	(28.3 - 31.3)	NS	No
2016	746	32.4%	(28.6 - 36.5)	14,173	32.0%	(30.8 - 33.2)	NS	348	35.1%	(29.4 - 41.2)	6,460	32.6%	(30.8 - 34.3)	NS	398	29.6%	(24.7 - 35.1)	7,713	31.4%	(29.7 - 33.1)	NS	No
2017	616	33.3%	(28.9 - 38.0)	14,330	32.8%	(31.6 - 34.0)	NS	286	34.0%	(27.7 - 40.9)	6,753	33.2%	(31.5 - 34.9)	NS	330	32.5%	(26.6 - 39.1)	7,574	32.3%	(30.6 - 34.0)	NS	No
2018	561	32.4%	(27.6 - 37.6)	13,669	34.1%	(32.9 - 35.3)	NS	269	33.3%	(26.5 - 40.8)	6,334	34.5%	(32.8 - 36.2)	NS	292	31.5%	(25.0 - 38.8)	7,331	33.7%	(32.1 - 35.4)	NS	No
2019	585	35.2%	(30.6 - 40.1)	14,710	34.1%	(33.0 - 35.2)	NS	262	33.1%	(26.8 - 40.1)	6,891	33.6%	(32.1 - 35.1)	NS	323	37.5%	(31.1 - 44.4)	7,819	34.7%	(33.2 - 36.3)	NS	No
2020	538	35.2%	(30.3 - 40.5)	13,601	34.0%	(32.8 - 35.2)	NS	263	33.8%	(27.5 - 40.8)	6,503	34.7%	(33.0 - 36.4)	NS	275	36.7%	(29.3 - 44.8)	7,098	33.3%	(31.6 - 35.0)	NS	No
<b>Overweight or Obese (BMI=25+)</b>																						
2011	922	67.1%	(63.2 - 70.8)	24,366	64.9%	(64.0 - 65.8)	NS	373	77.1%	(71.5 - 81.9)	10,102	72.8%	(71.5 - 74.1)	NS	549	56.8%	(51.5 - 61.9)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	715	68.7%	(63.6 - 73.4)	18,385	65.0%	(64.0 - 66.0)	NS	292	75.8%	(67.9 - 82.3)	7,781	72.3%	(70.8 - 73.7)	NS	423	61.3%	(54.5 - 67.6)	10,604	57.6%	(56.2 - 59.0)	NS	Yes
2013	766	68.4%	(64.4 - 72.2)	16,250	65.5%	(64.2 - 66.7)	NS	330	75.1%	(69.2 - 80.1)	6,860	72.2%	(70.4 - 74.0)	NS	436	61.3%	(55.7 - 66.7)	9,390	58.5%	(56.8 - 60.2)	NS	Yes
2014	1,101	65.5%	(61.9 - 68.9)	21,130	66.7%	(65.6 - 67.8)	NS	488	73.3%	(68.1 - 77.9)	9,399	73.8%	(72.3 - 75.3)	NS	613	57.1%	(52.2 - 61.8)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	859	69.5%	(65.6 - 73.2)	16,265	67.0%	(65.8 - 68.2)	NS	385	77.2%	(71.4 - 82.0)	7,323	73.4%	(71.7 - 75.1)	NS	474	61.7%	(56.3 - 66.8)	8,942	60.2%	(58.6 - 61.9)	NS	Yes
2016	746	69.4%	(65.0 - 73.5)	14,173	68.5%	(67.3 - 69.8)	NS	348	76.7%	(70.5 - 82.0)	6,460	74.9%	(73.1 - 76.6)	NS	398	61.6%	(55.3 - 67.6)	7,713	61.8%	(59.9 - 63.6)	NS	Yes
2017	616	70.1%	(64.9 - 74.8)	14,330	69.0%	(67.8 - 70.2)	NS	286	74.7%	(66.7 - 81.3)	6,753	75.2%	(73.5 - 76.8)	NS	330	65.3%	(58.4 - 71.7)	7,574	62.4%	(60.6 - 64.2)	NS	No
2018	561	73.1%	(68.0 - 77.6)	13,669	68.9%	(67.6 - 70.1)	NS	269	77.0%	(69.9 - 82.8)	6,334	73.9%	(72.2 - 75.5)	NS	292	69.1%	(61.6 - 75.8)	7,331	63.7%	(61.9 - 65.4)	NS	No
2019	585	72.0%	(67.2 - 76.3)	14,710	69.0%	(67.9 - 70.1)	NS	262	78.1%	(71.1 - 83.8)	6,891	73.4%	(71.8 - 74.9)	NS	323	65.3%	(58.5 - 71.5)	7,819	64.4%	(62.8 - 66.0)	NS	No
2020	538	74.7%	(69.8 - 79.0)	13,601	69.8%	(68.6 - 71.0)	NS	263	76.2%	(69.1 - 82.0)	6,503	75.3%	(73.6 - 76.8)	NS	275	73.1%	(66.0 - 79.1)	7,098	64.0%	(62.2 - 65.7)	+	No
<b>Nutrition</b>																						
<b>Consumed sugar-sweetened beverages 1 or more times per day in past 30 days</b>																						
2011																						
2012																						
2013	369	31.0%	(25.6 - 37.0)	7,822	28.5%	(26.8 - 30.3)	NS	150	41.9%	(33.2 - 51.0)	3,164	35.8%	(33.1 - 38.5)	NS	219	21.9%	(15.8 - 29.4)	4,658	21.7%	(19.7 - 24.0)	NS	Yes
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Currently watching or reducing sodium or salt intake</b>																						
2011																						
2012																						
2013	366	49.3%	(43.4 - 55.2)	7,818	46.3%	(44.6 - 48.1)	NS	146	45.3%	(36.5 - 54.3)	3,165	43.4%	(40.8 - 46.0)	NS	220	52.6%	(44.7 - 60.4)	4,653	49.1%	(46.8 - 51.5)	NS	No
2014																						
2015	426	44.5%	(38.4 - 50.8)	7,892	46.8%	(45.0 - 48.5)	NS	193	46.1%	(36.7 - 55.7)	3,436	46.0%	(43.4 - 48.7)	NS	233	42.9%	(35.3 - 51.0)	4,456	47.5%	(45.2 - 49.8)	NS	No
2016																						
2017																						
2018	262	40.2%	(33.1 - 47.9)	6,616	44.0%	(42.3 - 45.8)	NS	111	40.9%* (30.4 - 52.4)	2,950	43.0%	(40.4 - 45.6)	NS	151	39.5%* (30.2 - 49.7)	3,663	45.0%	(42.6 - 47.4)	NS	No		
2019	266	47.8%	(40.4 - 55.3)	7,009	40.4%	(38.8 - 42.0)	NS	106	50.4%* (39.0 - 61.9)	3,144	38.4%	(36.1 - 40.8)	NS	160	45.2%	(36.0 - 54.8)	3,865	42.3%	(40.1 - 44.6)	NS	No	
2020																						

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Elkhorn Logan Valley			State of NE		Sig <sup>d</sup>	Elkhorn Logan Valley			State of NE		Sig <sup>d</sup>	Elkhorn Logan Valley				State of NE		Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)
Median times per day consumed fruits <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	612	1.0	(1.0 - 1.0)	14,259	1.0	(1.0 - 1.1)	-	265	0.9	(0.7 - 1.0)	6,436	1.0	(1.0 - 1.0)	-	347	1.0	(1.0 - 1.1)	7,817	1.1	(1.1 - 1.2)	NS	No
2018																						
2019	563	1.1	(1.0 - 1.1)	14,423	1.0	(1.0 - 1.0)	NS	245	1.0	(0.9 - 1.1)	6,514	1.0	(1.0 - 1.0)	NS	318	1.1	(1.0 - 1.3)	7,909	1.0	(1.0 - 1.0)	NS	No
2020																						
Consumed fruits less than 1 time per day <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	612	42.3%	(37.3 - 47.5)	14,259	36.9%	(35.6 - 38.1)	NS	265	50.6%	(43.0 - 58.2)	6,436	42.0%	(40.1 - 43.8)	NS	347	34.6%	(28.4 - 41.3)	7,817	31.9%	(30.2 - 33.6)	NS	Yes
2018																						
2019	563	33.6%	(29.0 - 38.7)	14,423	39.5%	(38.3 - 40.6)	NS	245	35.7%	(29.0 - 43.1)	6,514	44.0%	(42.3 - 45.7)	NS	318	31.6%	(25.3 - 38.7)	7,909	35.1%	(33.5 - 36.7)	NS	No
2020																						
Median times per day consumed vegetables <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	604	1.7	(1.6 - 1.8)	14,023	1.7	(1.6 - 1.7)	NS	263	1.6	(1.4 - 1.7)	6,314	1.6	(1.6 - 1.6)	NS	341	1.9	(1.7 - 2.0)	7,703	1.7	(1.7 - 1.8)	NS	No
2018																						
2019	559	1.6	(1.5 - 1.7)	14,170	1.6	(1.6 - 1.6)	NS	246	1.6	(1.4 - 1.7)	6,394	1.5	(1.5 - 1.6)	NS	313	1.6	(1.5 - 1.7)	7,776	1.6	(1.6 - 1.7)	NS	No
2020																						
Consumed vegetables less than 1 time per day <sup>a</sup>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	604	17.6%	(13.9 - 22.1)	14,023	20.0%	(18.9 - 21.1)	NS	263	20.5%	(14.7 - 27.8)	6,314	21.9%	(20.3 - 23.5)	NS	341	14.8%	(10.5 - 20.6)	7,703	18.1%	(16.7 - 19.6)	NS	No
2018																						
2019	559	22.6%	(18.5 - 27.2)	14,170	20.8%	(19.8 - 21.8)	NS	246	23.5%	(17.7 - 30.4)	6,394	23.1%	(21.7 - 24.7)	NS	313	21.7%	(16.3 - 28.3)	7,776	18.4%	(17.2 - 19.8)	NS	No
2020																						
<b>Physical Activity</b>																						
No leisure-time physical activity in past 30 days <sup>a</sup>																						
2011	921	28.9%	(25.4 - 32.6)	24,433	26.3%	(25.5 - 27.1)	NS	360	29.4%	(24.1 - 35.4)	9,795	27.2%	(26.0 - 28.5)	NS	561	28.3%	(24.1 - 32.9)	14,638	25.4%	(24.3 - 26.5)	NS	No
2012	747	24.7%	(20.7 - 29.1)	19,153	21.0%	(20.2 - 21.9)	NS	297	17.9%	(13.1 - 24.0)	7,865	20.4%	(19.3 - 21.7)	NS	450	31.2%	(25.4 - 37.6)	11,288	21.6%	(20.5 - 22.8)	+	Yes
2013	773	25.8%	(22.3 - 29.7)	16,158	25.3%	(24.2 - 26.4)	NS	321	30.2%	(24.7 - 36.4)	6,567	26.3%	(24.7 - 28.1)	NS	452	21.4%	(17.4 - 26.1)	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	1,187	25.0%	(22.1 - 28.3)	22,397	21.3%	(20.4 - 22.1)	NS	505	28.6%	(24.0 - 33.8)	9,599	21.2%	(20.0 - 22.5)	+	682	21.5%	(18.1 - 25.5)	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	858	26.8%	(23.4 - 30.4)	16,319	25.3%	(24.3 - 26.4)	NS	372	28.2%	(23.0 - 34.0)	6,997	25.3%	(23.8 - 26.9)	NS	486	25.4%	(21.2 - 30.1)	9,322	25.4%	(24.0 - 26.8)	NS	No
2016	808	27.6%	(23.9 - 31.6)	15,169	22.4%	(21.4 - 23.5)	+	362	27.4%	(22.3 - 33.1)	6,633	20.7%	(19.3 - 22.3)	+	446	27.8%	(22.7 - 33.5)	8,536	24.1%	(22.7 - 25.6)	NS	No
2017	612	31.6%	(27.2 - 36.3)	14,296	25.4%	(24.3 - 26.5)	+	269	35.8%	(29.2 - 43.1)	6,456	25.7%	(24.2 - 27.4)	+	343	27.5%	(22.1 - 33.7)	7,835	25.0%	(23.5 - 26.5)	NS	No
2018	593	24.2%	(20.1 - 28.9)	14,615	23.8%	(22.8 - 24.8)	NS	276	29.5%	(23.0 - 36.9)	6,549	23.1%	(21.7 - 24.6)	NS	317	19.0%	(14.5 - 24.6)	8,053	24.3%	(22.9 - 25.8)	NS	No
2019	598	30.7%	(26.3 - 35.5)	15,137	26.9%	(25.9 - 27.9)	NS	258	31.1%	(24.6 - 38.4)	6,852	26.5%	(25.1 - 28.0)	NS	340	30.4%	(24.5 - 36.9)	8,285	27.3%	(25.9 - 28.7)	NS	No
2020	579	25.5%	(21.2 - 30.4)	14,775	21.5%	(20.6 - 22.5)	NS	269	22.4%	(17.1 - 28.6)	6,796	20.8%	(19.5 - 22.3)	NS	310	28.7%	(22.2 - 36.1)	7,979	22.2%	(20.9 - 23.6)	NS	No

Indicators	Overall				Men				Women				LHD Gender Diff. <sup>e</sup>									
	Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE				Sig <sup>d</sup>								
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>											
Met aerobic physical activity recommendation <sup>a</sup>																						
2011	895	46.7%	(42.6 - 50.8)	23,735	49.0%	(48.0 - 49.9)	NS	346	46.8%	(40.4 - 53.2)	9,544	47.2%	(45.8 - 48.6)	NS	549	46.6%	(41.5 - 51.8)	14,191	50.6%	(49.4 - 51.9)	NS	No
2012																						No
2013	755	52.2%	(48.0 - 56.5)	15,730	50.1%	(48.8 - 51.4)	NS	317	50.3%	(44.0 - 56.6)	6,416	48.8%	(46.9 - 50.7)	NS	438	54.2%	(48.6 - 59.8)	9,314	51.4%	(49.7 - 53.1)	NS	No
2014																						
2015	839	48.9%	(44.7 - 53.0)	15,878	51.3%	(50.0 - 52.5)	NS	362	48.5%	(42.2 - 54.9)	6,832	51.1%	(49.2 - 53.0)	NS	477	49.2%	(43.9 - 54.6)	9,046	51.4%	(49.8 - 53.1)	NS	No
2016																						
2017	598	46.7%	(41.6 - 51.9)	13,922	49.4%	(48.1 - 50.7)	NS	264	44.4%	(36.8 - 52.2)	6,309	48.8%	(46.9 - 50.7)	NS	334	49.0%	(42.2 - 55.8)	7,613	49.9%	(48.1 - 51.7)	NS	No
2018																						
2019	570	47.7%	(42.7 - 52.8)	14,579	48.0%	(46.8 - 49.2)	NS	246	46.6%	(39.2 - 54.1)	6,607	47.3%	(45.6 - 49.0)	NS	324	48.9%	(42.1 - 55.7)	7,972	48.7%	(47.1 - 50.4)	NS	No
2020																						
Met muscle strengthening recommendation <sup>a</sup>																						
2011	906	24.8%	(21.3 - 28.5)	24,204	28.1%	(27.3 - 29.0)	NS	349	26.5%	(21.3 - 32.5)	9,697	32.0%	(30.6 - 33.4)	NS	557	23.1%	(18.9 - 28.0)	14,507	24.5%	(23.4 - 25.6)	NS	No
2012																						
2013	761	25.1%	(21.5 - 29.1)	16,021	28.4%	(27.2 - 29.6)	NS	316	24.5%	(19.2 - 30.7)	6,499	31.0%	(29.2 - 32.8)	NS	445	25.7%	(21.0 - 31.0)	9,522	26.0%	(24.5 - 27.6)	NS	No
2014																						
2015	849	24.0%	(20.5 - 27.9)	16,117	31.2%	(30.1 - 32.5)	-	367	31.7%	(25.9 - 38.1)	6,893	34.9%	(33.1 - 36.8)	NS	482	16.5%	(13.0 - 20.8)	9,224	27.7%	(26.2 - 29.3)	-	Yes
2016																						
2017	598	23.4%	(19.0 - 28.4)	14,103	29.8%	(28.6 - 31.1)	-	262	25.9%	(19.3 - 33.9)	6,366	32.2%	(30.4 - 34.0)	NS	336	20.9%	(15.5 - 27.6)	7,732	27.5%	(25.9 - 29.2)	NS	No
2018																						
2019	572	30.5%	(25.9 - 35.4)	14,648	34.8%	(33.7 - 35.9)	NS	251	32.9%	(26.1 - 40.5)	6,634	37.5%	(35.9 - 39.2)	NS	321	28.0%	(22.4 - 34.5)	8,014	32.1%	(30.5 - 33.7)	NS	No
2020																						
Met both aerobic physical activity and muscle strengthening recommendations <sup>a</sup>																						
2011	883	15.3%	(12.7 - 18.4)	23,567	19.0%	(18.2 - 19.8)	NS	338	16.7%	(12.5 - 21.9)	9,477	19.7%	(18.5 - 20.9)	NS	545	14.1%	(11.0 - 17.8)	14,090	18.4%	(17.4 - 19.4)	NS	No
2012																						
2013	749	17.2%	(14.1 - 21.0)	15,635	18.8%	(17.8 - 19.9)	NS	315	16.0%	(11.4 - 21.8)	6,366	19.4%	(17.9 - 21.0)	NS	434	18.6%	(14.5 - 23.5)	9,269	18.2%	(16.8 - 19.6)	NS	No
2014																						
2015	832	15.2%	(12.2 - 18.7)	15,724	21.8%	(20.7 - 22.9)	-	360	19.7%	(14.7 - 25.8)	6,757	23.3%	(21.6 - 25.1)	NS	472	10.8%	(7.9 - 14.5)	8,967	20.3%	(18.9 - 21.7)	-	Yes
2016																						
2017	587	14.3%	(10.6 - 19.1)	13,779	19.1%	(18.0 - 20.1)	NS	258	15.2%	(9.8 - 22.9)	6,239	19.7%	(18.3 - 21.3)	NS	329	13.5%	(8.9 - 19.9)	7,540	18.4%	(17.0 - 19.9)	NS	No
2018																						
2019	551	17.2%	(13.6 - 21.4)	14,226	20.9%	(20.0 - 21.9)	NS	240	17.3%	(12.3 - 23.9)	6,461	21.0%	(19.6 - 22.4)	NS	311	17.0%	(12.5 - 22.8)	7,765	20.9%	(19.5 - 22.3)	NS	No
2020																						
Walk for at least 10 minutes at a time for any reason during a usual week																						
2011																						
2012																						
2013																						
2014																						
2015	423	83.6%	(78.1 - 87.9)	7,895	84.6%	(83.3 - 85.8)	NS	189	86.7%	(78.4 - 92.1)	3,442	84.2%	(82.2 - 86.0)	NS	234	80.7%	(72.8 - 86.7)	4,453	85.1%	(83.4 - 86.6)	NS	No
2016																						
2017	292	82.4%	(76.6 - 87.1)	6,914	84.8%	(83.5 - 86.0)	NS	129	85.5%	(76.6 - 91.4)	3,134	84.0%	(82.0 - 85.8)	NS	163	79.3%	(70.8 - 85.9)	3,778	85.6%	(83.9 - 87.2)	NS	No
2018																						
2019																						
2020																						
Have access to safe places to walk in their neighborhood																						
2011																						
2012																						
2013																						
2014																						
2015	425	82.1%	(76.2 - 86.8)	7,893	88.4%	(87.2 - 89.4)	-	191	83.3%*	(73.1 - 90.2)	3,439	88.8%	(87.2 - 90.3)	NS	234	80.9%	(73.5 - 86.6)	4,454	87.9%	(86.3 - 89.3)	NS	No
2016																						
2017	293	83.2%	(76.7 - 88.1)	6,927	88.3%	(87.3 - 89.2)	NS	130	82.0%*	(71.6 - 89.2)	3,137	89.2%	(87.7 - 90.5)	NS	163	84.4%	(76.0 - 90.3)	3,788	87.4%	(85.9 - 88.7)	NS	No
2018																						
2019																						
2020																						

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>		
<b>Injury</b>																						
Always wear a seatbelt when driving or riding in a car <sup>a</sup>																						
2011	909	62.3%	(58.1 - 66.2)	24,208	71.3%	(70.5 - 72.1)	-	354	52.8%	(46.4 - 59.2)	9,683	63.7%	(62.4 - 65.0)	-	555	71.2%	(66.0 - 75.8)	14,525	78.6%	(77.5 - 79.5)	-	Yes
2012	738	58.8%	(53.7 - 63.7)	18,851	69.7%	(68.7 - 70.6)	-	292	48.1%	(40.4 - 55.9)	7,731	61.7%	(60.2 - 63.2)	-	446	69.2%	(63.0 - 74.8)	11,120	77.3%	(76.1 - 78.4)	-	Yes
2013	766	64.7%	(60.5 - 68.7)	16,053	74.1%	(73.0 - 75.2)	-	318	55.9%	(49.6 - 62.0)	6,520	67.0%	(65.3 - 68.7)	-	448	73.5%	(68.1 - 78.2)	9,533	80.8%	(79.5 - 82.1)	-	Yes
2014	1,133	64.9%	(61.4 - 68.2)	21,599	72.4%	(71.5 - 73.3)	-	485	54.5%	(49.2 - 59.7)	9,241	64.7%	(63.2 - 66.2)	-	648	75.2%	(70.9 - 79.0)	12,358	79.8%	(78.7 - 80.9)	NS	Yes
2015	851	70.0%	(66.0 - 73.7)	16,136	75.4%	(74.4 - 76.4)	-	367	61.1%	(54.7 - 67.2)	6,900	68.2%	(66.5 - 69.9)	NS	484	78.6%	(73.9 - 82.6)	9,236	82.3%	(81.1 - 83.4)	NS	Yes
2016	770	64.6%	(60.3 - 68.7)	14,628	73.8%	(72.7 - 74.9)	-	344	54.3%	(47.9 - 60.5)	6,370	66.8%	(65.0 - 68.5)	-	426	74.7%	(69.2 - 79.5)	8,258	80.6%	(79.2 - 81.8)	NS	Yes
2017	605	68.7%	(63.6 - 73.4)	14,160	76.3%	(75.2 - 77.3)	-	264	57.9%	(50.0 - 65.5)	6,393	70.4%	(68.8 - 72.0)	-	341	78.9%	(72.8 - 83.9)	7,762	82.0%	(80.7 - 83.3)	NS	Yes
2018	566	65.5%	(60.2 - 70.4)	13,968	75.2%	(74.1 - 76.2)	-	262	54.4%	(46.6 - 62.0)	6,256	69.0%	(67.4 - 70.6)	-	304	76.1%	(69.1 - 81.9)	7,702	81.1%	(79.8 - 82.4)	NS	Yes
2019																						
2020	555	64.9%	(59.5 - 69.9)	14,029	76.7%	(75.7 - 77.7)	-	256	55.5%	(48.2 - 62.6)	6,434	70.2%	(68.6 - 71.7)	-	299	73.8%	(65.7 - 80.6)	7,595	83.0%	(81.8 - 84.2)	-	Yes
Texted while driving in past 30 days																						
2011																						
2012	419	23.5%	(18.2 - 29.8)	11,451	26.8%	(25.6 - 27.9)	NS	163	27.8%*	(19.5 - 37.9)	4,757	29.2%	(27.5 - 31.0)	NS	256	19.4%	(13.3 - 27.5)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013																						
2014																						
2015	400	24.8%	(19.2 - 31.3)	7,620	24.9%	(23.3 - 26.6)	NS	162	29.4%*	(20.3 - 40.4)	3,209	27.6%	(25.0 - 30.3)	NS	238	20.4%	(14.4 - 27.9)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016																						
2017	281	22.0%	(16.2 - 29.1)	6,452	26.6%	(24.9 - 28.4)	NS	121	28.0%*	(18.7 - 39.6)	2,894	29.9%	(27.4 - 32.6)	NS	160	16.1%	(10.1 - 24.7)	3,555	23.4%	(21.2 - 25.8)	NS	No
2018																						
2019																						
2020																						
Talked on a cell phone while driving in past 30 days																						
2011																						
2012	417	66.8%	(60.8 - 72.3)	11,424	69.1%	(68.0 - 70.2)	NS	162	72.2%	(62.7 - 80.0)	4,742	71.5%	(69.9 - 73.2)	NS	255	61.6%	(53.8 - 68.8)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013																						
2014																						
2015	400	70.7%	(64.6 - 76.0)	7,604	67.0%	(65.3 - 68.6)	NS	161	72.6%	(62.9 - 80.5)	3,203	71.0%	(68.5 - 73.3)	NS	239	68.8%	(60.9 - 75.8)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016																						
2017	279	71.3%	(64.7 - 77.0)	6,436	66.5%	(64.8 - 68.2)	NS	120	82.7%	(74.5 - 88.7)	2,888	71.2%	(68.7 - 73.6)	+	159	60.2%	(50.6 - 69.2)	3,545	61.9%	(59.5 - 64.3)	NS	Yes
2018																						
2019																						
2020																						
Had a fall in past year, aged 45 years and older																						
2011																						
2012	589	27.4%	(22.5 - 32.8)	13,738	28.8%	(27.7 - 29.9)	NS	216	25.6%*	(17.6 - 35.7)	5,384	26.9%	(25.3 - 28.5)	NS	373	28.8%	(23.3 - 35.0)	8,354	30.5%	(29.1 - 31.9)	NS	No
2013																						
2014	834	22.7%	(19.6 - 26.2)	15,671	26.1%	(25.1 - 27.1)	NS	351	23.6%	(19.0 - 29.0)	6,513	24.5%	(23.0 - 26.1)	NS	483	21.8%	(17.7 - 26.5)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015																						
2016	537	29.3%	(25.0 - 33.9)	10,369	29.0%	(27.7 - 30.3)	NS	228	28.0%	(22.0 - 35.0)	4,333	28.1%	(26.2 - 30.1)	NS	309	30.4%	(24.6 - 36.7)	6,036	29.7%	(28.0 - 31.5)	NS	No
2017																						
2018	427	24.9%	(20.2 - 30.3)	9,873	25.3%	(24.0 - 26.5)	NS	184	20.9%	(14.4 - 29.4)	4,281	23.3%	(21.5 - 25.1)	NS	243	28.2%	(22.0 - 35.5)	5,586	27.1%	(25.4 - 28.9)	NS	No
2019																						
2020	408	21.5%	(17.3 - 26.4)	9,698	23.7%	(22.5 - 24.9)	NS	186	19.4%	(13.9 - 26.4)	4,173	22.7%	(21.0 - 24.5)	NS	222	23.8%	(17.9 - 30.9)	5,525	24.5%	(23.0 - 26.2)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011																						
2012	588	13.1%	(9.1 - 18.6)	13,719	9.9%	(9.2 - 10.6)	NS	216	10.6%*	(4.5 - 22.9)	5,377	7.7%	(6.7 - 8.7)	NS	372	15.2%	(10.9 - 20.9)	8,342	11.8%	(10.9 - 12.9)	NS	No
2013																						
2014	833	7.6%	(5.6 - 10.3)	15,647	8.8%	(8.2 - 9.5)	NS	351	5.7%	(3.4 - 9.5)	6,502	6.8%	(6.0 - 7.7)	NS	482	9.5%	(6.5 - 13.6)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015																						
2016	537	8.7%	(6.1 - 12.2)	10,367	10.1%	(9.3 - 11.0)	NS	228	4.0%*	(2.1 - 7.5)	4,333	7.8%	(6.8 - 9.0)	NS	309	12.8%	(8.6 - 18.6)	6,034	12.2%	(11.0 - 13.6)	NS	Yes
2017																						
2018	427	7.9%	(5.4 - 11.5)	9,865	9.7%	(8.8 - 10.6)	NS	184	3.2%*	(1.3 - 7.7)	4,279	7.7%	(6.6 - 9.1)	NS	243	11.9%	(7.8 - 17.8)	5,580	11.5%	(10.3 - 12.9)	NS	Yes
2019																						
2020	407	6.6%	(4.5 - 9.6)	9,687	8.0%	(7.3 - 8.8)	NS	185	5.7%*	(3.1 - 10.3)	4,166	6.8%	(5.8 - 7.9)	NS	222	7.6%	(4.7 - 12.1)	5,521	9.1%	(8.1 - 10.3)	NS	No











Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>								
	Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley				State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>		
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>a</sup>																								
2011																								
2012	118	19.9%*	(12.0 - 31.1)	3,149	11.3%	(9.9 - 12.8)	NS	51	20.1%*	(9.8 - 37.0)	1,268	9.3%	(7.5 - 11.4)	NS	67	19.6%*	(9.5 - 36.0)	1,881	13.1%	(11.1 - 15.3)	NS		No	
2013																								
2014	203	15.0%	(10.2 - 21.6)	4,089	10.9%	(9.6 - 12.3)	NS	68	15.8%*	(8.1 - 28.6)	1,804	12.0%	(9.9 - 14.4)	NS	135	14.5%	(9.0 - 22.5)	2,285	9.8%	(8.3 - 11.7)	NS		No	
2015																								
2016	133	17.6%	(11.2 - 26.6)	2,815	10.4%	(9.0 - 12.0)	NS	56	22.5%*	(12.1 - 38.0)	1,168	8.8%	(6.9 - 11.2)	+	77	13.5%*	(6.9 - 24.7)	1,647	11.8%	(9.9 - 14.1)	NS		No	
2017																								
2018	134	17.7%	(11.0 - 27.3)	2,948	9.3%	(7.9 - 10.8)	+	54	16.8%*	(7.8 - 32.5)	1,319	9.2%	(7.4 - 11.4)	NS	80	18.3%*	(9.9 - 31.5)	1,629	9.3%	(7.5 - 11.5)	NS		No	
2019																								
2020	125	5.4%*	(2.4 - 11.5)	2,971	7.6%	(6.3 - 9.0)	NS	56	4.0%*	(1.1 - 13.5)	1,281	8.1%	(6.2 - 10.5)	NS	69	6.9%*	(2.5 - 17.4)	1,690	7.0%	(5.5 - 9.0)	NS		No	
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	731	63.3%	(58.8 - 67.5)	13,764	67.4%	(66.1 - 68.6)	NS	323	61.1%	(54.5 - 67.4)	6,092	63.9%	(62.0 - 65.8)	NS	408	65.3%	(59.4 - 70.7)	7,672	70.8%	(69.1 - 72.5)	NS		No	
2017																								
2018	541	64.2%	(58.8 - 69.3)	13,356	65.8%	(64.6 - 67.0)	NS	252	58.5%	(50.6 - 66.0)	6,015	61.2%	(59.3 - 63.0)	NS	289	69.9%	(62.5 - 76.4)	7,328	70.3%	(68.7 - 72.0)	NS		No	
2019																								
2020																								
Visited hospital ER for tooth pain or dental problem in past year (excluding injury or trauma)																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016																								
2017																								
2018																								
2019	543	3.8%	(2.1 - 6.8)	13,815	4.3%	(3.8 - 4.8)	NS	242	2.4%*	(0.7 - 7.9)	6,199	4.6%	(3.9 - 5.4)	NS	301	5.3%*	(2.7 - 9.9)	7,616	3.9%	(3.3 - 4.7)	NS		No	
2020	539	1.0%*	(0.3 - 3.1)	13,422	2.4%	(2.0 - 2.8)	NS	246	1.9%*	(0.5 - 6.3)	6,108	2.4%	(1.9 - 3.0)	NS	293	0.1%*	(0.0 - 0.8)	7,314	2.4%	(1.8 - 3.1)	-		No	
<b>Eye Care Access and Utilization</b>																								
No health insurance coverage for eye care, aged 40 years and older																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	123	47.9%*	(36.4 - 59.7)	2,824	42.1%	(39.4 - 44.8)	NS	56	57.9%*	(39.1 - 74.6)	1,204	42.5%	(38.4 - 46.8)	NS	67	40.0%*	(26.2 - 55.7)	1,620	41.6%	(38.2 - 45.2)	NS		No	
2017	465	56.1%	(50.5 - 61.6)	10,237	44.2%	(42.8 - 45.7)	+	198	58.9%	(50.5 - 66.8)	4,471	44.9%	(42.7 - 47.1)	+	267	53.6%	(46.1 - 60.9)	5,763	43.6%	(41.6 - 45.5)	+		No	
2018	412	47.9%	(41.9 - 53.9)	9,986	43.5%	(42.1 - 44.9)	NS	178	52.0%	(42.8 - 61.1)	4,326	42.9%	(40.8 - 45.1)	NS	234	44.3%	(36.7 - 52.1)	5,656	44.0%	(42.1 - 45.9)	NS		No	
2019																								
2020																								
Had eye exam by doctor or eye care provider in past year, aged 40 years and older																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	125	60.2%*	(48.0 - 71.3)	2,863	61.4%	(58.6 - 64.1)	NS	57	46.3%*	(29.7 - 63.7)	1,220	58.2%	(53.9 - 62.4)	NS	68	71.5%*	(55.6 - 83.4)	1,643	64.2%	(60.6 - 67.7)	NS		No	
2017	476	62.3%	(56.8 - 67.6)	10,380	61.8%	(60.4 - 63.3)	NS	203	55.6%	(47.3 - 63.7)	4,532	58.1%	(55.9 - 60.3)	NS	273	68.6%	(61.2 - 75.1)	5,845	65.3%	(63.3 - 67.2)	NS		No	
2018	415	61.2%	(55.1 - 67.0)	10,126	62.2%	(60.8 - 63.6)	NS	178	56.8%	(47.4 - 65.7)	4,389	59.7%	(57.5 - 61.8)	NS	237	65.0%	(57.0 - 72.3)	5,733	64.5%	(62.6 - 66.4)	NS		No	
2019																								
2020																								

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Social Context</b>																						
Housing insecurity in past year, among those who own or rent their home <sup>a</sup>																						
2011																						
2012	271	31.3%	(24.0 - 39.7)	6,089	26.6%	(25.0 - 28.3)	NS	117	34.2%*	(23.8 - 46.4)	2,481	24.7%	(22.3 - 27.3)	NS	154	27.9%*	(18.6 - 39.6)	3,608	28.5%	(26.3 - 30.8)	NS	No
2013	351	27.1%	(22.3 - 32.6)	7,324	28.8%	(27.1 - 30.5)	NS	142	25.7%	(18.6 - 34.3)	2,961	25.0%	(22.5 - 27.7)	NS	209	28.3%	(22.0 - 35.6)	4,363	32.3%	(30.0 - 34.7)	NS	No
2014																						
2015	376	26.2%	(20.6 - 32.6)	7,461	28.5%	(26.8 - 30.2)	NS	148	32.0%*	(23.0 - 42.6)	3,109	26.6%	(24.2 - 29.2)	NS	228	21.1%	(15.2 - 28.5)	4,352	30.3%	(28.1 - 32.5)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
Food insecurity in past year <sup>a</sup>																						
2011																						
2012	288	17.4%	(11.7 - 24.9)	6,621	17.6%	(16.2 - 19.0)	NS	122	15.1%*	(8.1 - 26.5)	2,684	13.9%	(12.1 - 16.0)	NS	166	20.0%*	(12.1 - 31.1)	3,937	21.1%	(19.1 - 23.2)	NS	No
2013	373	18.4%	(14.2 - 23.5)	7,828	19.0%	(17.6 - 20.6)	NS	150	10.5%	(6.1 - 17.5)	3,159	15.4%	(13.4 - 17.7)	NS	223	25.0%	(18.7 - 32.6)	4,669	22.5%	(20.5 - 24.6)	NS	Yes
2014																						
2015	411	15.8%	(11.9 - 20.7)	7,918	21.0%	(19.5 - 22.5)	NS	167	12.3%	(7.6 - 19.2)	3,309	17.9%	(15.8 - 20.2)	NS	244	19.2%	(13.5 - 26.6)	4,609	24.0%	(22.1 - 26.1)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Caregiving</b>																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011																						
2012																						
2013																						
2014																						
2015	426	25.7%	(20.7 - 31.5)	7,883	24.7%	(23.2 - 26.2)	NS	192	21.1%	(14.2 - 30.2)	3,434	21.1%	(19.1 - 23.4)	NS	234	30.1%	(23.3 - 38.0)	4,449	28.0%	(25.9 - 30.2)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Cognitive Decline</b>																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011																						
2012																						
2013																						
2014																						
2015	313	6.1%	(3.7 - 9.8)	5,767	9.4%	(8.4 - 10.5)	NS	139	5.9%*	(3.1 - 11.0)	2,436	10.2%	(8.7 - 12.0)	NS	174	6.2%*	(3.0 - 12.4)	3,331	8.6%	(7.3 - 10.2)	NS	No
2016																						
2017																						
2018																						
2019	202	11.7%	(7.5 - 17.8)	5,060	9.6%	(8.5 - 10.7)	NS	77	10.6%*	(5.3 - 19.9)	2,169	9.3%	(7.9 - 10.9)	NS	125	12.7%	(7.1 - 21.7)	2,891	9.8%	(8.4 - 11.4)	NS	No
2020																						
<b>Inadequate Sleep</b>																						
Get less than 7 hours of sleep per day																						
2011																						
2012																						
2013	809	31.0%	(27.2 - 34.9)	16,972	31.8%	(30.6 - 33.0)	NS	332	30.5%	(25.0 - 36.7)	6,927	32.6%	(30.8 - 34.4)	NS	477	31.4%	(26.6 - 36.6)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	1,173	29.2%	(26.1 - 32.6)	22,172	30.0%	(29.0 - 31.0)	NS	501	29.3%	(24.8 - 34.2)	9,527	30.7%	(29.2 - 32.2)	NS	672	29.1%	(24.8 - 33.8)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015																						
2016	801	28.6%	(24.9 - 32.5)	15,097	29.6%	(28.4 - 30.8)	NS	360	25.0%	(20.1 - 30.6)	6,610	29.7%	(27.9 - 31.5)	NS	441	32.1%	(26.8 - 37.8)	8,487	29.5%	(27.9 - 31.2)	NS	No
2017																						
2018	592	26.1%	(21.7 - 31.1)	14,535	31.6%	(30.4 - 32.8)	NS	275	27.5%	(21.2 - 34.9)	6,516	32.3%	(30.6 - 34.1)	NS	317	24.7%	(19.0 - 31.5)	8,006	30.9%	(29.3 - 32.5)	NS	No
2019																						
2020	576	29.7%	(24.9 - 35.0)	14,694	28.2%	(27.1 - 29.4)	NS	268	27.7%	(21.5 - 34.9)	6,765	29.5%	(27.9 - 31.1)	NS	308	31.7%	(24.7 - 39.6)	7,929	27.0%	(25.5 - 28.6)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>								
	Elkhorn Logan Valley			State of NE			Sig <sup>d</sup>	Elkhorn Logan Valley			State of NE			Sig <sup>d</sup>	Elkhorn Logan Valley			State of NE			Sig <sup>d</sup>			
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>
<b>Average hours of sleep per day</b>																								
2011																								
2012																								
2013	809	7.1	(7.0 - 7.2)	16,972	7.1	(7.0 - 7.1)	NS	332	7.1	(6.9 - 7.3)	6,927	7.0	(7.0 - 7.1)	NS	477	7.1	(7.0 - 7.2)	10,045	7.1	(7.0 - 7.1)	NS	No		
2014	1,173	7.1	(7.0 - 7.2)	22,172	7.1	(7.0 - 7.1)	NS	501	7.1	(7.0 - 7.3)	9,527	7.0	(7.0 - 7.1)	NS	672	7.2	(7.0 - 7.3)	12,645	7.1	(7.1 - 7.1)	NS	No		
2015																								
2016	801	7.1	(7.0 - 7.2)	15,097	7.1	(7.1 - 7.1)	NS	360	7.2	(7.0 - 7.4)	6,610	7.1	(7.0 - 7.2)	NS	441	7.0	(6.9 - 7.2)	8,487	7.1	(7.1 - 7.2)	NS	No		
2017																								
2018	592	7.2	(7.1 - 7.3)	14,535	7.1	(7.0 - 7.1)	NS	275	7.2	(7.0 - 7.4)	6,516	7.0	(7.0 - 7.1)	NS	317	7.2	(7.0 - 7.4)	8,006	7.1	(7.0 - 7.1)	NS	No		
2019																								
2020	576	7.1	(7.0 - 7.3)	14,694	7.1	(7.1 - 7.2)	NS	268	7.2	(7.0 - 7.4)	6,765	7.1	(7.0 - 7.1)	NS	308	7.0	(6.7 - 7.2)	7,929	7.2	(7.1 - 7.2)	NS	No		
<b>Occupational Safety and Health</b>																								
Work-related injury or illness in past year, among employed or recently out of work																								
2011																								
2012																								
2013	263	6.3%	(3.6 - 10.8)	4,952	4.8%	(3.9 - 5.8)	NS	118	6.8%*	(3.2 - 14.0)	2,246	6.1%	(4.8 - 7.7)	NS	145	5.6%*	(2.4 - 12.6)	2,706	3.3%	(2.2 - 4.9)	NS	No		
2014	415	5.3%	(3.1 - 8.9)	6,966	4.9%	(4.1 - 5.9)	NS	201	9.0%	(5.1 - 15.4)	3,403	5.4%	(4.4 - 6.7)	NS	214	1.1%*	(0.2 - 6.3)	3,563	4.3%	(3.1 - 6.0)	NS	No		
2015	297	4.0%*	(2.1 - 7.5)	5,434	5.7%	(4.7 - 6.8)	NS	138	5.7%*	(2.5 - 12.3)	2,727	7.1%	(5.6 - 9.0)	NS	159	2.1%*	(0.8 - 5.1)	2,707	3.9%	(2.9 - 5.3)	NS	No		
2016	104	8.8%*	(3.8 - 19.0)	2,213	4.3%	(3.2 - 5.8)	NS	55	9.1%*	(3.1 - 23.6)	1,091	5.5%	(3.8 - 7.9)	NS	**	**	**	**	1,122	3.0%	(1.8 - 4.8)			
2017	189	4.2%*	(1.4 - 12.3)	4,448	4.8%	(3.9 - 5.9)	NS	98	4.3%*	(0.9 - 18.6)	2,326	5.7%	(4.4 - 7.5)	NS	91	4.2%*	(0.9 - 17.1)	2,122	3.5%	(2.5 - 5.0)	NS	No		
2018																								
2019																								
2020																								
<b>Health Literacy</b>																								
Very easy to get needed advice or information about health or medical topics																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	683	76.6%	(72.6 - 80.2)	13,023	73.6%	(72.3 - 74.8)	NS	295	73.2%	(67.1 - 78.5)	5,525	71.0%	(69.0 - 72.9)	NS	388	79.7%	(74.2 - 84.3)	7,498	75.9%	(74.3 - 77.5)	NS	No		
2017	536	70.7%	(65.6 - 75.3)	12,368	74.7%	(73.4 - 75.9)	NS	222	67.4%	(59.3 - 74.6)	5,429	73.2%	(71.3 - 74.9)	NS	314	73.6%	(67.1 - 79.2)	6,935	76.0%	(74.4 - 77.6)	NS	No		
2018	493	70.5%	(64.7 - 75.8)	12,041	75.3%	(74.1 - 76.5)	NS	219	67.7%	(59.1 - 75.3)	5,208	73.1%	(71.2 - 74.8)	NS	274	73.0%	(64.6 - 80.0)	6,826	77.3%	(75.7 - 78.8)	NS	No		
2019	499	67.3%	(62.0 - 72.2)	12,373	71.5%	(70.3 - 72.6)	NS	218	67.0%	(58.9 - 74.1)	5,404	68.9%	(67.2 - 70.7)	NS	281	67.6%	(60.5 - 74.0)	6,969	73.7%	(72.2 - 75.3)	NS	No		
2020	485	70.1%	(64.8 - 75.0)	12,294	70.5%	(69.3 - 71.7)	NS	216	64.0%	(56.1 - 71.1)	5,490	67.7%	(65.8 - 69.5)	NS	269	75.3%	(67.9 - 81.5)	6,804	73.2%	(71.5 - 74.8)	NS	No		
Very easy to understand information that medical professions tell you																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	742	55.3%	(50.9 - 59.7)	14,129	59.1%	(57.8 - 60.4)	NS	327	48.5%	(42.1 - 55.0)	6,127	55.8%	(53.8 - 57.8)	NS	415	61.8%	(55.7 - 67.6)	8,002	62.2%	(60.5 - 64.0)	NS	Yes		
2017	586	55.4%	(50.2 - 60.5)	13,583	59.6%	(58.2 - 60.8)	NS	257	57.3%	(49.6 - 64.6)	6,099	56.4%	(54.5 - 58.3)	NS	329	53.6%	(46.7 - 60.5)	7,479	62.6%	(60.8 - 64.3)	-	No		
2018	535	57.6%	(52.1 - 63.0)	13,319	61.2%	(60.0 - 62.5)	NS	245	56.5%	(48.5 - 64.2)	5,923	57.8%	(55.9 - 59.6)	NS	290	58.6%	(50.9 - 66.0)	7,387	64.6%	(62.9 - 66.2)	NS	No		
2019	540	54.9%	(49.7 - 60.1)	13,778	58.8%	(57.6 - 60.0)	NS	239	51.4%	(43.8 - 58.9)	6,167	54.1%	(52.4 - 55.9)	NS	301	58.5%	(51.3 - 65.4)	7,611	63.2%	(61.6 - 64.8)	NS	No		
2020	532	57.0%	(51.7 - 62.2)	13,290	58.4%	(57.1 - 59.7)	NS	241	52.2%	(44.8 - 59.6)	6,034	55.1%	(53.2 - 56.9)	NS	291	61.6%	(53.9 - 68.7)	7,256	61.6%	(59.8 - 63.3)	NS	No		
Very easy to understand written health information																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016	683	54.7%	(50.1 - 59.3)	12,945	59.7%	(58.3 - 61.0)	NS	294	47.6%	(40.9 - 54.5)	5,491	55.1%	(53.0 - 57.2)	NS	389	61.2%	(54.8 - 67.1)	7,454	63.9%	(62.1 - 65.7)	NS	Yes		
2017	526	54.0%	(48.5 - 59.5)	12,370	59.6%	(58.3 - 61.0)	NS	224	51.0%	(42.7 - 59.3)	5,422	55.0%	(53.0 - 57.0)	NS	302	56.8%	(49.4 - 63.9)	6,944	63.9%	(62.1 - 65.7)	NS	No		
2018	487	56.6%	(50.7 - 62.4)	11,984	62.7%	(61.4 - 64.0)	NS	211	55.9%	(47.2 - 64.3)	5,174	58.7%	(56.7 - 60.7)	NS	276	57.2%	(49.0 - 65.1)	6,804	66.4%	(64.7 - 68.1)	NS	No		
2019	496	54.2%	(48.7 - 59.5)	12,338	60.9%	(59.6 - 62.1)	-	215	54.2%	(46.2 - 62.0)	5,376	55.7%	(53.8 - 57.6)	NS	281	54.1%	(46.8 - 61.3)	6,962	65.6%	(63.9 - 67.2)	-	No		
2020	490	62.7%	(57.1 - 67.9)	12,058	60.0%	(58.6 - 61.3)	NS	218	57.7%	(49.8 - 65.2)	5,348	56.0%	(54.0 - 57.9)	NS	272	67.1%	(59.3 - 74.1)	6,710	63.6%	(61.8 - 65.4)	NS	No		

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>	
	Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE			Elkhorn Logan Valley			State of NE				
	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	Sig <sup>d</sup>	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	Sig <sup>d</sup>	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	mean n <sup>a</sup>		95% C.I. <sup>c</sup> or % <sup>b</sup>

Note: Elkhorn Logan Valley Public Health Department includes the four county LHD region of Burt, Cuming, Madison, and Stanton Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due to differences in the software used, how the statistical analysis code was written, or suppression rules; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; Note: small sample size for males or females can make interpreting significance difficult due to large confidence intervals

<sup>^</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Unstable estimate, use data with caution; relative standard error  $\geq$  30% or confidence interval half-width  $\geq$  10.0

\*\* Data suppressed due to sample size < 50 respondents

<sup>^</sup> Visible data are not comparable to earlier years due to changes in question wording

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); December 2021

